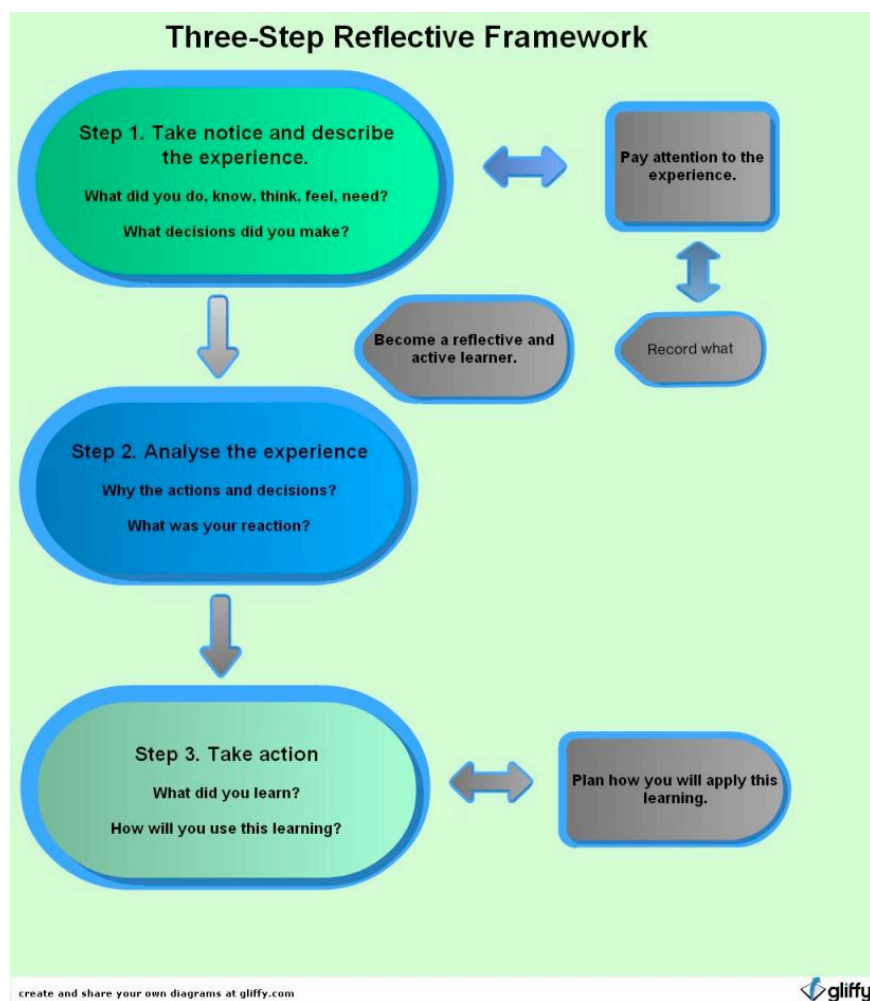


3 step reflective framework

1. Take notice & describe the experience.
 - a. What did you do, know, feel, think need?
 - b. What decisions did you make?
 - c. Pay attention to the experience, record what happened.
2. Analyse the experience.
 - a. Why the actions and decisions?
 - b. What was your reaction
 - c. Become an active and reflective learner.
3. Take Action
 - a. What did you learn?
 - b. How will you use this learning?
 - c. Plan how to apply this learning.

[http://wikieducator.org/Hergarty Reflective Framework and Template](http://wikieducator.org/Hergarty_Reflective_Framework_and_Template)



Reflective dialogue can occur on the written page (with yourself), using different forms of media (with yourself or others), and in conversations with peers and mentors.

A framework guides the process with the intention of deepening reflection, and encouraging critical thinking and analysis, and the self-realization of what is learned.

Examples:

Reflections on a project - developing a resource for Indian students: <http://gctl-project-one.wikispaces.com/Reflections+about+the+project>

Reflections on a digital information literacy project: [http:// . . .](http://...)

How do you use reflection professionally? For your learning and for others' learning?